

## NYSCTC Cross Country Championship

@ Hamilton College

11/05/05

Saturday, November 5, 2005

**Team Statistics for:                   Event # 1 WOMENS 5K Run**

5   Scorers

2   Displacers

TEAM:    GENESEO                                   SCORE:    **21**                                   PLACE:    **1**

OVERALL					
SCORE - PLACE	NAME	BIB	TIME	Avg. Per KM	Avg. Per Mile
1-1	Shannon Griggs	104	17:20.0	3:28.0	5:34.8
2-2	Liz Montgomery	112	17:21.1	3:28.3	5:35.1
3-3	Marta Scott	115	17:34.6	3:31.0	5:39.5
7-7	Christiana Martin	110	18:01.7	3:36.4	5:48.2
8-8	Renne Catalano	101	18:08.6	3:37.8	5:50.4
=====					
9-9	Chrstina Finke	103	18:17.3	3:39.5	5:53.2
15-15	Fran Magri	109	18:36.8	3:43.4	5:59.5
=====					
16	Meghan Nolan	114	18:40.0	3:44.0	6:00.5
19	Laura Iafrati	107	18:48.1	3:45.7	6:03.1
<b>Top 5 Total Time:</b>		88:26	<b>Top 5 Average Time:</b>		17:41.2
<b>Top 5 Average per KM:</b>		3:32.3	<b>Top 5 Average Per MILE:</b>		5:41.6
<b>1 - 5 Split:</b>		:48.6	<b>1 - 7 Split:</b>		1:16.8
<b>Top 7 Total Time:</b>		125:20	<b>Top 7 Average Time:</b>		17:54.3

TEAM:    ITHACA                                   SCORE:    **60**                                   PLACE:    **2**

OVERALL					
SCORE - PLACE	NAME	BIB	TIME	Avg. Per KM	Avg. Per Mile
4-4	Rachel Blasiak	134	17:47.3	3:33.5	5:43.6
10-10	Lindsey Nadolski	143	18:18.5	3:39.7	5:53.6
12-12	Elizabeth Wilcox	146	18:31.8	3:42.4	5:57.9
13-13	Jessica Wilcox	147	18:32.0	3:42.4	5:58.0
23-21	Kasey Currier	135	18:57.2	3:47.5	6:06.1
=====					
24-22	Anastasia Kasianchuk	141	19:04.4	3:48.9	6:08.4
39-37	Susan Meyer	142	19:34.5	3:54.9	6:18.1
=====					
44	Camille Guyot-Bender	138	19:43.3	3:56.7	6:20.9
45	Genevieve Pfeiffer	144	19:43.5	3:56.7	6:21.0
76	Audrey Harkness	139	20:24.5	4:04.9	6:34.2
<b>Top 5 Total Time:</b>		92:07	<b>Top 5 Average Time:</b>		18:25.4
<b>Top 5 Average per KM:</b>		3:41.1	<b>Top 5 Average Per MILE:</b>		5:55.8
<b>1 - 5 Split:</b>		1:09.9	<b>1 - 7 Split:</b>		1:47.2
<b>Top 7 Total Time:</b>		130:46	<b>Top 7 Average Time:</b>		18:40.9

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TEAM:    ST. LAWRENCE

SCORE:   **118**PLACE:   **3****OVERALL****SCORE - PLACE**

	NAME	BIB	TIME	Avg. Per KM	Avg. Per Mile
5-5	Liz Ludovici	189	17:48.5	3:33.7	5:44.0
14-14	Kerry Banazek	182	18:36.3	3:43.3	5:59.3
26-24	Laura Clarke	186	19:08.6	3:49.8	6:09.7
34-32	Bridget Coon	187	19:21.2	3:52.3	6:13.8
47-43	Megan Groves	188	19:48.3	3:57.7	6:22.5
=====					
86-77	Katie Thompson	190	20:46.2	4:09.3	6:41.2
90-81	Emily Bordeau	185	20:58.6	4:11.8	6:45.2
=====					
117	Lyndsay Bisaccio	184	21:55.4	4:23.1	7:03.4
121	Alessandra Bange-Hall	183	22:07.6	4:25.6	7:07.4
<b>Top 5 Total Time:</b>		94:43	<b>Top 5 Average Time:</b>		18:56.6
<b>Top 5 Average per KM:</b>		3:47.4	<b>Top 5 Average Per MILE:</b>		6:05.9
<b>1 - 5 Split:</b>		1:59.8	<b>1 - 7 Split:</b>		3:10.1
<b>Top 7 Total Time:</b>		136:28	<b>Top 7 Average Time:</b>		19:29.7

TEAM:    BROCKPORT

SCORE:   **166**PLACE:   **4****OVERALL****SCORE - PLACE**

	NAME	BIB	TIME	Avg. Per KM	Avg. Per Mile
17-16	Teri Wilson	69	18:45.2	3:45.1	6:02.2
18-17	Kristen Paulson	62	18:47.5	3:45.5	6:03.0
25-23	Candace Sonberg	66	19:05.4	3:49.1	6:08.7
46-42	Lindsey Goldberg	59	19:44.9	3:57.0	6:21.4
75-68	Anne Thompson	67	20:24.1	4:04.9	6:34.0
=====					
88-79	Lauren Roe	64	20:54.0	4:10.8	6:43.7
92-83	Sam Rinaldo	63	21:01.7	4:12.4	6:46.1
=====					
122	Steph Grinmanis	60	22:11.8	4:26.4	7:08.7
126	Megan Bero	55	22:20.4	4:28.1	7:11.5
129	Mir Gecaj	58	22:26.4	4:29.3	7:13.4
<b>Top 5 Total Time:</b>		96:47	<b>Top 5 Average Time:</b>		19:21.5
<b>Top 5 Average per KM:</b>		3:52.3	<b>Top 5 Average Per MILE:</b>		6:13.9
<b>1 - 5 Split:</b>		1:38.9	<b>1 - 7 Split:</b>		2:16.5
<b>Top 7 Total Time:</b>		138:43	<b>Top 7 Average Time:</b>		19:49.0





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TEAM:	FREDONIA	SCORE:	<b>250</b>	PLACE:	<b>9</b>
<b>OVERALL</b>					
<b>SCORE - PLACE</b>	<b>NAME</b>	<b>BIB</b>	<b>TIME</b>	<b>Avg. Per KM</b>	<b>Avg. Per Mile</b>
22-20	Ashley Tramp	179	18:56.8	3:47.4	6:05.9
41-39	Aimee Milks	169	19:36.4	3:55.3	6:18.7
55-51	Rachel McNamara	176	19:59.5	3:59.9	6:26.1
77-69	Elizabeth Luebbe	171	20:24.8	4:05.0	6:34.3
79-71	Trisha Ippolito	180	20:26.8	4:05.4	6:34.9
=====					
83-74	Samantha Ellwood	177	20:38.2	4:07.7	6:38.6
84-75	Alison Morgan	170	20:39.5	4:07.9	6:39.0
=====					
97	Stephanie Milks	178	21:11.5	4:14.3	6:49.3
102	Jenna Sime	173	21:19.1	4:15.9	6:51.7
127	Danielle White	181	22:22.0	4:28.4	7:12.0
<b>Top 5 Total Time:</b>		99:24	<b>Top 5 Average Time:</b>		19:52.9
<b>Top 5 Average per KM:</b>		3:58.6	<b>Top 5 Average Per MILE:</b>		6:24.0
<b>1 - 5 Split:</b>		1:30.0	<b>1 - 7 Split:</b>		1:42.7
<b>Top 7 Total Time:</b>		140:42	<b>Top 7 Average Time:</b>		20:06.0

TEAM:	R.I.T.	SCORE:	<b>250</b>	PLACE:	<b>9</b>
<b>OVERALL</b>					
<b>SCORE - PLACE</b>	<b>NAME</b>	<b>BIB</b>	<b>TIME</b>	<b>Avg. Per KM</b>	<b>Avg. Per Mile</b>
11-11	Trisha Sliker	54	18:21.4	3:40.3	5:54.6
42-40	Adrienne Gagnier	41	19:40.1	3:56.1	6:19.9
52-48	Sara Pancoast	51	19:54.2	3:58.9	6:24.4
69-64	Danielle Simmons	52	20:14.9	4:03.0	6:31.1
98-87	Katie Palermo	49	21:11.9	4:14.4	6:49.4
=====					
118-100	Dana Palmer	50	21:57.5	4:23.5	7:04.1
125-105	Jessica McCarthy	46	22:17.2	4:27.5	7:10.4
=====					
132	Kimberly Miner	47	22:31.4	4:30.3	7:15.0
134	Melissa Dempsey	40	22:37.9	4:31.6	7:17.1
139	Rachel Simpson	53	22:58.9	4:35.8	7:23.9
<b>Top 5 Total Time:</b>		99:22	<b>Top 5 Average Time:</b>		19:52.5
<b>Top 5 Average per KM:</b>		3:58.5	<b>Top 5 Average Per MILE:</b>		6:23.9
<b>1 - 5 Split:</b>		2:50.5	<b>1 - 7 Split:</b>		3:55.8
<b>Top 7 Total Time:</b>		143:37	<b>Top 7 Average Time:</b>		20:31.1

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5 Scorers

2 Displacers

TEAM: RENSSELAER		SCORE: 292	PLACE: 11		
OVERALL					
SCORE - PLACE	NAME	BIB	TIME	Avg. Per KM	Avg. Per Mile
21-19	Cathy Malloy	207	18:56.2	3:47.3	6:05.8
33-31	Lauren Carter	202	19:19.7	3:52.0	6:13.3
54-50	Julia Moore	208	19:58.7	3:59.8	6:25.9
105-91	Lauren Schneider	209	21:21.8	4:16.4	6:52.6
119-101	Molly Kluge	203	21:58.2	4:23.7	7:04.3
=====					
130-107	Katie Lytle	206	22:28.5	4:29.7	7:14.1
<b>Top 5 Total Time:</b>		101:35	<b>Top 5 Average Time:</b>		20:19.0
<b>Top 5 Average per KM:</b>		4:03.8	<b>Top 5 Average Per MILE:</b>		6:32.4
<b>1 - 5 Split:</b>		3:02.0	<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>			<b>Top 7 Average Time:</b>		
TEAM: ALFRED		SCORE: 317	PLACE: 12		
OVERALL					
SCORE - PLACE	NAME	BIB	TIME	Avg. Per KM	Avg. Per Mile
30-28	Anna McClaugherty	120	19:15.0	3:51.0	6:11.8
31-29	Kristen Egan	117	19:15.9	3:51.2	6:12.1
62-58	Kate Ciccone	116	20:08.9	4:01.8	6:29.2
115-98	Kaitlin Sherin	121	21:50.7	4:22.2	7:01.9
124-104	Ashley Johnson	118	22:14.7	4:27.0	7:09.6
=====					
135-109	Hannah Wilson	123	22:38.4	4:31.7	7:17.3
<b>Top 5 Total Time:</b>		102:45	<b>Top 5 Average Time:</b>		20:33.1
<b>Top 5 Average per KM:</b>		4:06.7	<b>Top 5 Average Per MILE:</b>		6:36.9
<b>1 - 5 Split:</b>		2:59.7	<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>			<b>Top 7 Average Time:</b>		
TEAM: HARTWICK		SCORE: 371	PLACE: 13		
OVERALL					
SCORE - PLACE	NAME	BIB	TIME	Avg. Per KM	Avg. Per Mile
6-6	Autumn Swan	155	17:51.7	3:34.4	5:45.0
60-56	Fern Beckhorn	148	20:06.1	4:01.3	6:28.3
112-95	Rosemary Lebel	151	21:39.8	4:20.0	6:58.4
120-102	Malinda Greene	150	22:03.1	4:24.7	7:05.9
141-112	Meredith Pascale	153	23:22.9	4:40.6	7:31.6
=====					
144-114	Katie Nilsen	152	24:02.0	4:48.4	7:44.2
<b>Top 5 Total Time:</b>		105:04	<b>Top 5 Average Time:</b>		21:00.8
<b>Top 5 Average per KM:</b>		4:12.2	<b>Top 5 Average Per MILE:</b>		6:45.8
<b>1 - 5 Split:</b>		5:31.2	<b>1 - 7 Split:</b>		
<b>Top 7 Total Time:</b>			<b>Top 7 Average Time:</b>		

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5    Scorers

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TEAM:    NAZARETH

SCORE:    **374**PLACE:    **14****OVERALL**

SCORE - PLACE	NAME	BIB	TIME	Avg. Per KM	Avg. Per Mile
68-63	Abby Crain	73	20:12.4	4:02.5	6:30.3
70-65	Jessica Brown	71	20:19.3	4:03.9	6:32.5
80-72	Megan Goetz	74	20:27.2	4:05.5	6:35.0
94-84	Jennifer Katz	75	21:06.3	4:13.3	6:47.6
103-90	Liz Pflughardt	78	21:19.6	4:16.0	6:51.9
=====					
114-97	Ashley Brown	70	21:46.1	4:21.3	7:00.4
128-106	Brooke Redding	79	22:22.3	4:28.5	7:12.1
=====					
133	Nicole Nolan	77	22:35.3	4:31.1	7:16.3
137	Alicia Scahill	80	22:51.7	4:34.4	7:21.6
<b>Top 5 Total Time:</b>		103:25	<b>Top 5 Average Time:</b>		20:41.0
<b>Top 5 Average per KM:</b>		4:08.2	<b>Top 5 Average Per MILE:</b>		6:39.5
<b>1 - 5 Split:</b>		1:07.2	<b>1 - 7 Split:</b>		2:09.9
<b>Top 7 Total Time:</b>		147:33	<b>Top 7 Average Time:</b>		21:04.8

TEAM:    BUFFALO STATE

SCORE:    **381**PLACE:    **15****OVERALL**

SCORE - PLACE	NAME	BIB	TIME	Avg. Per KM	Avg. Per Mile
50-46	Jenny Vacanti	88	19:49.4	3:57.9	6:22.9
53-49	Aleksandra Halter	84	19:56.5	3:59.3	6:25.2
107-93	Margaret Hughes	85	21:27.0	4:17.4	6:54.3
109-94	Katie Doane	83	21:30.4	4:18.1	6:55.4
116-99	Krystyna Markut	86	21:53.6	4:22.8	7:02.9
=====					
136-110	Deirdre Blanke	81	22:45.0	4:33.0	7:19.4
146-115	Amy Padowski	87	24:28.7	4:53.8	7:52.8
=====					
<b>Top 5 Total Time:</b>		104:37	<b>Top 5 Average Time:</b>		20:55.4
<b>Top 5 Average per KM:</b>		4:11.1	<b>Top 5 Average Per MILE:</b>		6:44.1
<b>1 - 5 Split:</b>		2:04.2	<b>1 - 7 Split:</b>		4:39.3
<b>Top 7 Total Time:</b>		151:51	<b>Top 7 Average Time:</b>		21:41.6

