

Hamilton College Invitational**Saturday, April 21, 2007**

04/21/2007 - 04/21/2007

Event # 1 WOMENS 3000 Steeplechase

MEET RECORD: .McWilliams Oswego :11:20.60 2003

FACILITY RECORD: .McWilliams Oswego :11:20.60 2003

1 Liz Ludovici	St. Lawrence Unvers	11:42.67
2 Jen Taft	Plattsburgh State	12:15.33
3 Zippy Podhaizer	St. Lawrence Unvers	12:37.31
4 Liz Nyberg	Union College	12:45.93
5 Caitlin Wlodarski	Oswego State	13:18.68

Event # 2 MENS 3000 Steeplechase

MEET RECORD: Casey Geneseo 9:37.11 2003

FACILITY RECORD: .McVey-Finney Williams 9:28.52 1989

1 Matt Millard	St. Lawrence Unvers	10:30.32
2 Jack Swartz	Plattsburgh State	10:35.14
3 Matt Densmore	Oswego State	10:38.85
4 Michael Burd	Oswego State	10:51.26
5 Brad Vollkommer	Hamilton College	10:52.65
6 John Garrison	Hamilton College	10:55.43

Event # 3 WOMENS 400 Relay

MEET RECORD: Geneseo 50.34 2004

FACILITY RECORD: . St. Lawrence 49.26 2002

1 Hamilton College A	Hamilton College	50.78
2 Oswego State A	Oswego State	51.72
3 Plattsburgh State A	Plattsburgh State	51.89
4 St. Lawrence Unvers A	St. Lawrence Unvers	52.93
5 Union College A	Union College	53.53

Event # 4 MENS 400 Relay

MEET RECORD: Union 42.59 2004

FACILITY RECORD: Union 42.59 2004

1 Plattsburgh State A	Plattsburgh State	43.68
2 Oswego State A	Oswego State	43.69
3 Mohawk Valley CC A	Mohawk Valley CC	44.88
4 Union College A	Union College	46.45

Event # 5 WOMENS 1500 Run

MEET RECORD: Laytham Ithaca 4:34.65 2003

FACILITY RECORD: .Laytham Ithaca 4:34.65 2003

1 Laura Clarke	St. Lawrence Unvers	4:41.08
2 Chelsea Nuffer	St. Lawrence Unvers	4:57.33
3 Casey Kohut	Union College	4:59.01
4 Liz Debraggio	Hamilton College	5:06.13
5 Gen Flanders	Hamilton College	5:16.71
6 Becca Skudder	Union College	5:17.59
7 Brittney Bezjian	Plattsburgh State	5:18.14
8 Jenny Schaffhouser	Plattsburgh State	5:18.96
9 Katy Lafen	Hamilton College	5:22.63
10 Lyndsay Bisaccio	St. Lawrence Unvers	5:23.69
11 Chrissy Rubino	Hamilton College	5:25.02
12 Ashley Langer	Hamilton College	5:28.36
13 Kelly Murray	Mohawk Valley CC	5:34.76
14 Hillary St John	St. Lawrence Unvers	5:43.66
15 Meredith Kennedy	Hamilton College	5:44.16
16 Sarah Doucett	Union College	5:45.70
17 Bartonicek Mariana	Oswego State	5:47.73

18 Hannah Bosland	Hamilton College	5:51.97
19 Kate Hails	Hamilton College	5:54.70
20 Megan Fung	Hamilton College	6:00.18
21 Kaitlin Kolbe	Oswego State	6:04.17

Event # 6 MENS 1500 Run

FACILITY RECORD: .Evans Amherst 3:54.72 1989

MEET RECORD: Turner Geneseo 4:00.09 2003

1 John Ostler	St. Lawrence Unvers	4:03.00
2 Geoff Millard	St. Lawrence Unvers	4:03.79
3 Julius Wood	Oswego State	4:06.39
4 Jeremy Beaudette	St. Lawrence Unvers	4:07.04
5 Chris Reich	Oswego State	4:07.70
6 Greg Decker	Hamilton College	4:12.33
7 Chris Ketcham	Plattsburgh State	4:12.60
8 Keith Gross	Hamilton College	4:14.55
9 Will Reid	Hamilton College	4:15.76
10 Tony Battista	Oswego State	4:16.06
11 Mike Stabinski	Union College	4:17.52
12 Cameron Gaylord	Hamilton College	4:19.52
13 Robert Taylor	Hamilton College	4:21.22
14 Garrett Armbruster	Hamilton College	4:24.23
15 Michael Anderson	Oswego State	4:25.33
16 Cody Netzband	Oswego State	4:43.30
17 Frank Matt	Hamilton College	4:58.90
18 George Fontaine	Union College	5:04.04
19 Mike Bono	Union College	5:45.32

Event # 7 WOMENS 100 Hurdles

FACILITY RECORD: .Liiva St. Lawrence 14.97 1998

MEET RECORD: Trembley MVCC 15.33 2004

1 Sarah Mills	St. Lawrence Unvers	15.75
2 Meaghan White	St. Lawrence Unvers	16.05
3 Jen Merinder	Union College	16.37
4 Kristen Selden	Hamilton College	16.67
5 Maia Moyer	St. Lawrence Unvers	16.82
6 Dani Desgrossiellier	Mohawk Valley CC	16.83
7 Tara Lowell	St. Lawrence Unvers	16.88
8 Jamie Finnegan	Oswego State	16.92
9 Leena Peters-Uitto	Plattsburgh State	16.99
10 Jenn Questel	Oswego State	17.15
11 Danielle Washington	Oswego State	17.31
12 Rachel Fitz	Union College	17.47
13 Jeanine Mucci	Plattsburgh State	17.95
14 Breanna McIntyre	Oswego State	18.45
15 Stacy Lowell	St. Lawrence Unvers	18.57

Event # 8 MENS 110 Hurdles

FACILITY RECORD: .Franklin M.V.C.C. 15.05 2002

MEET RECORD: Franklin MVCC 15.05 2002

1 Ali Abdul-Matin	Mohawk Valley CC	15.46
2 Andy Hale	Oswego State	15.56
3 Nick Perzanoski	St. Lawrence Unvers	15.73
4 Matt Vielkind	Union College	16.43

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Event # 9 WOMENS 400 Dash

FACILITY RECORD: .Nortz St. Lawrence 57.83 2002

MEET RECORD: .O'Brien Rochester 58.25 2004

1 Rachel Bennek	Hamilton College	1:00.16
2 Alexis Nuffer	St. Lawrence Univer	1:01.97
3 Megan Briddel	Plattsburgh State	1:04.90
4 Hannah Adams	Hamilton College	1:06.43
5 Kerry Bannon	Union College	1:06.59
6 Lauren Nescio	Plattsburgh State	1:07.32
7 Sally Powell	Hamilton College	1:11.93
8 Madeline Caudle	Hamilton College	1:25.16
9 Fiona Kirkpatrick	Hamilton College	1:26.05

Event # 10 MENS 400 Dash

FACILITY RECORD: .Downe Bowdoin 48.65 1998

MEET RECORD: .Tierney Rochester 48.71 2004

1 Schuyler Heiss	St. Lawrence Univer	49.94
2 Jon Daly	Plattsburgh State	51.59
3 Patricio Gauiquil	Union College	51.79
4 Craig Digiovanni	St. Lawrence Univer	52.08
5 Drew Camelio	Oswego State	52.32
6 Washington Reggie	Mohawk Valley CC	52.55
7 Aj Carapella	Oswego State	52.71
8 Chris Olsen	Oswego State	52.90
9 Damon Heath	Union College	53.07
10 Joey Pekarek	Oswego State	53.21
10 Geoff Millard	St. Lawrence Univer	53.21
12 Kevin Kieper	Plattsburgh State	53.29
13 Andy English	Oswego State	54.12
14 Jonathan Traylor	Hamilton College	54.59
15 Cody Lavack	St. Lawrence Univer	54.76
16 Dave Smoot	Union College	55.41
17 Mark Breazzano	Hamilton College	57.19
18 Kevin Hylton	Oswego State	59.36

Event # 11 WOMENS 100 Dash

FACILITY RECORD: Knox Colgate 12.27 2006

MEET RECORD: Richards Oswego 12.49 2004

1 Alexandra Americanos	Hamilton College	12.94
2 Rebekah Grant	Oswego State	13.00
3 Samantha Paul	Plattsburgh State	13.18
4 Amber Heath	Plattsburgh State	13.28
5 Jess Jenkins	Mohawk Valley CC	13.35
6 Julie Laspina	Union College	13.44
7 Erica Dressler	Hamilton College	13.75
8 Jackie Davis	St. Lawrence Univer	13.84
9 Libby Fellows	St. Lawrence Univer	13.85
10 Danielle Washington	Oswego State	13.86
11 Breanna McIntyre	Oswego State	13.95
11 Leah VanVoorhis	Mohawk Valley CC	13.95
13 Jenn Questel	Oswego State	13.97
14 Meghan Moore	St. Lawrence Univer	14.04
15 Toby Beckelman	Union College	14.30
16 Norvis Arias	Oswego State	14.39
17 Mallory Perkins	Oswego State	14.40
18 Rachel Eastman	Union College	14.88
19 Stefani Capizzi	Hamilton College	16.06

Event # 12 MENS 100 Dash

FACILITY RECORD: .Gilmore R.P.I. 10.67 1998

MEET RECORD: Washington Union 10.84 2004

1 Jeff Dobson	Plattsburgh State	11.19
2 Andrew Hunsinger	Plattsburgh State	11.29
3 Ramon Suarez Jr.	Oswego State	11.31
4 Geoff Sitch	Plattsburgh State	11.39
5 Mike Bauer	Plattsburgh State	11.40
6 Ali Abdul-Matin	Mohawk Valley CC	11.42
7 Shirlon Haywood	Mohawk Valley CC	11.59
8 Jeff Dupont	Mohawk Valley CC	11.70
9 Doug MacAlpine	Plattsburgh State	11.71
10 Dave Giannino	Oswego State	11.82
11 Nick Perzanoski	St. Lawrence Univer	11.86
12 Chez Brivett	Union College	11.86
13 Daniel Theodate	Hamilton College	12.12
14 Mike Haluszczak	St. Lawrence Univer	12.13
15 Jonathan Kabaye	St. Lawrence Univer	12.25
16 Rob Visker	Mohawk Valley CC	12.27
17 Alejandro Hernandez	Hamilton College	12.56
18 Lavonn Brown	Oswego State	13.77

Event # 13 WOMENS 800 Run

FACILITY RECORD: .Janovich Ithaca 2:12.05 2003

MEET RECORD: .Janovich Ithaca 2:12.05 2003

1 Lindsey Taylor	St. Lawrence Univer	2:23.85
2 Kim Keszey	St. Lawrence Univer	2:28.62
3 Renee Coe	Oswego State	2:28.91
4 Sarah Caney	Hamilton College	2:30.01
5 Liz Debraggio	Hamilton College	2:31.16
6 Sarah Downey	Hamilton College	2:32.79
7 Astrid Tvetenstrand	St. Lawrence Univer	2:36.02
8 Nicole Prenoveau	Plattsburgh State	2:36.40
9 Rose Foran	Oswego State	2:37.29
10 Chelsea Stone	Hamilton College	2:37.31
11 Cali Garson	Hamilton College	2:39.08
12 Lizzie Marris	Hamilton College	2:39.69
13 Ally Leighton	Hamilton College	2:40.91
14 Emily Stinson	Hamilton College	2:41.55
15 Becca Skudder	Union College	2:42.48
16 Lyndsay Bisaccio	St. Lawrence Univer	2:46.22
17 Ashley Langer	Hamilton College	2:48.79
18 Chrissy Rubino	Hamilton College	2:57.73
19 Jacquie Leclair	Oswego State	3:11.13

Event # 14 MENS 800 Run

FACILITY RECORD: .Enwright St. Lawrence 1:53.52 2002

MEET RECORD: .Mallette Ithaca 1:56.13 2001

1 Peter Kosgei	Hamilton College	1:52.24 *
2 Erik Donohoe	St. Lawrence Univer	1:54.99 *
3 David Lloyd	St. Lawrence Univer	1:55.09 *
4 Phil Panebianco	Oswego State	1:57.38
5 Chris Reich	Oswego State	1:57.91
6 Mark Burnham	St. Lawrence Univer	1:58.12
7 Allan Guiney	Hamilton College	1:58.49
8 Josh Cleveland	Mohawk Valley CC	1:58.74
9 Joseph Sullivan	Hamilton College	1:59.80
10 Jeremy Beaudette	St. Lawrence Univer	2:00.23

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11 Peter Katlic	Union College	2:01.47	14 Meghan Moore	St. Lawrence Univers	29.22
12 John Ostler	St. Lawrence Univers	2:02.63	15 Emily Bean	St. Lawrence Univers	29.30
13 Peter Woodruff	Hamilton College	2:03.07	16 Erica Dressler	Hamilton College	29.31
14 Keith Gross	Hamilton College	2:04.97	17 Norvis Arias	Oswego State	29.89
15 Max Jack	Union College	2:05.23	18 Toby Beckelman	Union College	30.05
16 Cuffie Winkler	Hamilton College	2:05.39	19 Kerry Bannon	Union College	30.07
17 Chris Ketcham	Plattsburgh State	2:06.42	20 Lauren Nescio	Plattsburgh State	30.19
18 Mike Stabinski	Union College	2:07.54	21 Mallory Perkins	Oswego State	30.27
19 Adam Nigro	Mohawk Valley CC	2:08.63	22 Rachel Eastman	Union College	30.88
20 Brendan Petty	Hamilton College	2:08.78	23 Stefani Capizzi	Hamilton College	33.96
21 Uriel Fox	Mohawk Valley CC	2:13.50			
22 Cory Getter	Mohawk Valley CC	2:13.91			
23 Cody Netzband	Oswego State	2:16.96			

Event # 15 WOMENS 400 Hurdles

FACILITY RECORD: .Macaully Williams :01:01.75 1989

MEET RECORD: .Conway Rochester 1:04.44 2003

1 Kathryn O'Leary	Plattsburgh State	1:08.32
2 Kristen Selden	Hamilton College	1:09.48
3 Jess Arguinzoni	Oswego State	1:10.76
4 Rachel Fitz	Union College	1:11.82
5 Megan Boggan	Oswego State	1:11.96
6 Amanda Cardoze	St. Lawrence Univers	1:12.41
7 Julia Sayles	St. Lawrence Univers	1:13.72
8 Chelsea Hargis	Union College	1:14.92
9 Jen Taft	Plattsburgh State	1:16.21
10 Becky Chawner	Union College	1:18.70

Event # 16 MENS 400 Hurdles

FACILITY RECORD: .Buckingham St. Lawrence 53.95 2005

MEET RECORD: Franklin MVCC 54.78 2001

1 Jason Dessureault	Plattsburgh State	56.06
2 Andy Hale	Oswego State	56.54
3 Greg Fullman	Hamilton College	57.49
4 Jason Guennel	Plattsburgh State	58.59
5 Matt Vielkind	Union College	59.48
6 Brandon Lavack	St. Lawrence Univers	1:01.27
7 Nick Cronin	Plattsburgh State	1:01.35
8 Jordan Beiber	Plattsburgh State	1:01.93
9 Michael Carney	Oswego State	1:02.28
10 Eric Wasacz	Oswego State	1:02.45
11 Matt Millard	St. Lawrence Univers	1:06.12

Event # 17 WOMENS 200 Dash

FACILITY RECORD: .Nortz St. Lawrence 25.78 2002

MEET RECORD: .Jackson-Buckner New Paltz 25.89 2003

1 Rebekah Grant	Oswego State	26.35
2 Alexandra Americanos	Hamilton College	26.71
3 Samantha Paul	Plattsburgh State	27.00
4 Amber Heath	Plattsburgh State	27.67
5 Jen Merinder	Union College	27.82
6 Julie Laspina	Union College	27.86
7 Jamie Finnegan	Oswego State	27.90
8 Katie Mann	Hamilton College	28.28
9 Libby Fellows	St. Lawrence Univers	28.34
10 Julie McCloskey	Oswego State	28.45
11 Meaghan White	St. Lawrence Univers	28.46
12 Jackie Davis	St. Lawrence Univers	28.64
13 Sarah Mills	St. Lawrence Univers	28.82

Event # 18 MENS 200 Dash

FACILITY RECORD: .Gilmore R.P.I. 21.69 1998

MEET RECORD: .Tierney Rochester 22.14 2003

1 Jay Thornhill	St. Lawrence Univers	22.19
2 Jeff Dobson	Plattsburgh State	22.40
3 Ramon Suarez Jr.	Oswego State	22.54
4 Andrew Hunsinger	Plattsburgh State	22.65
5 Geoff Sitch	Plattsburgh State	22.81
6 Mike Bauer	Plattsburgh State	22.82
7 Schuyler Heiss	St. Lawrence Univers	23.00
8 Craig Digiovanni	St. Lawrence Univers	23.09
8 Drew Camelio	Oswego State	23.09
10 Chez Brivett	Union College	23.37
11 Doug MacAlpine	Plattsburgh State	23.54
12 Aj Carapella	Oswego State	23.68
13 Rob Menard	St. Lawrence Univers	23.93
14 Shirlon Haywood	Mohawk Valley CC	23.94
15 Tidelco Ductan	Hamilton College	24.06
16 Joey Pekarek	Oswego State	24.17
17 Jeff Dupont	Mohawk Valley CC	24.25
18 Dave Giannino	Oswego State	24.42
19 Mike Haluszczak	St. Lawrence Univers	24.62
20 Andy English	Oswego State	24.71
21 Cody Lavack	St. Lawrence Univers	24.98
22 Daniel Theodate	Hamilton College	25.02
23 Jonathan Kabaye	St. Lawrence Univers	25.14
24 Eric Garofano	Union College	25.17
24 Stephen Moore	St. Lawrence Univers	25.17
26 Alejandro Hernandez	Hamilton College	25.47
27 Rob Visker	Mohawk Valley CC	25.50
28 Kevin Hylton	Oswego State	26.39
29 Lavonn Brown	Oswego State	28.93

Event # 19 WOMENS 5000 Run

FACILITY RECORD: .Perkins Hamilton :17:30.60 (HT) 1986

MEET RECORD: .Hanson Hamilton :17:37.31 2002

1 Nicole Howard	Plattsburgh State	19:30.66
2 Toni Wiszowaty	Plattsburgh State	19:31.07
3 Kelly Murray	Mohawk Valley CC	21:33.94
4 Stacie Swartz	Plattsburgh State	21:48.16
5 Maria Towle	Plattsburgh State	23:01.99
6 Kristin Pack	Plattsburgh State	24:57.05

Event # 20 MENS 5000 Run

FACILITY RECORD: .Smith Rochester :14:58.30 (HT) 1988

MEET RECORD: .Stvczynski Ithaca :15:14.23 2001

1 Robert Asher	Plattsburgh State	15:46.97
2 Matt Burdick	Plattsburgh State	16:14.54

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3 Joe Ver	Plattsburgh State	16:56.13
4 Todd Lavigne	St. Lawrence Unvers	17:32.05
5 Sean Brinkman	Plattsburgh State	17:32.62
6 Tom Fagin	Union College	19:09.75

Event # 21 WOMENS 1600 Relay

FACILITY RECORD: . Middlebury 4:02.01 1998

MEET RECORD: Ithaca 4:05.14 2003

1 St. Lawrence Unvers A	St. Lawrence Unvers	4:10.16
2 Hamilton College A	Hamilton College	4:11.57
3 Union College A	Union College	4:17.23
4 Oswego State A	Oswego State	4:35.36
5 St. Lawrence Unvers B	St. Lawrence Unvers	4:37.22
6 Union College B	Union College	4:38.25
7 Hamilton College B	Hamilton College	4:42.50

Event # 22 MENS 1600 Relay

FACILITY RECORD: Ithaca 3:17.86 2001

MEET RECORD: Ithaca 3:17.86 2001

1 St. Lawrence Unvers A	St. Lawrence Unvers	3:29.23
2 Hamilton College A	Hamilton College	3:29.78
3 Oswego State A	Oswego State	3:30.61
4 Mohawk Valley CC A	Mohawk Valley CC	3:30.87
5 Union College A	Union College	3:33.21
6 St. Lawrence Unvers B	St. Lawrence Unvers	3:35.25
7 Hamilton College B	Hamilton College	3:42.20
8 St. Lawrence Unvers C	St. Lawrence Unvers	3:44.41
9 Oswego State B	Oswego State	3:47.63
10 Plattsburgh State B	Plattsburgh State	3:49.25
11 Union College B	Union College	3:53.37
12 Plattsburgh State A	Plattsburgh State	3:55.45
13 Hamilton College C	Hamilton College	4:04.04

Event # 23 WOMENS Long Jump

FACILITY RECORD: Egbert MVCC 5.66 2004

MEET RECORD: Egbert MVCC 5.66 2004

1 Akilah Bond	Hamilton College	5.12
2 Lauren Steates	Hamilton College	4.79
3 Sarah Mills	St. Lawrence Unvers	4.77
4 Leah VanVoorhis	Mohawk Valley CC	4.76
5 Meaghan White	St. Lawrence Unvers	4.68
6 Dani Desgrosiellier	Mohawk Valley CC	4.64
7 Tara Lowell	St. Lawrence Unvers	4.46
8 Leena Peters-Uitto	Plattsburgh State	4.41
9 Stanzi McGlynn	St. Lawrence Unvers	4.23
10 Danielle Massee	Hamilton College	4.20
11 Maia Moyer	St. Lawrence Unvers	4.19
12 Stacy Lowell	St. Lawrence Unvers	4.08
13 Amanda Cardoze	St. Lawrence Unvers	3.80

Event # 24 MENS Long Jump

FACILITY RECORD: .Burgess St. Lawrence 7.41 1998

MEET RECORD: Jordan MVCC 6.68 2001

1 Jon Daly	Plattsburgh State	6.37
2 Dave Giannino	Oswego State	6.22
3 Eric Ferrone	Oswego State	5.79
4 Jerome Anderson	Hamilton College	5.50

Event # 25 WOMENS Triple Jump

FACILITY RECORD: .Campbell Amherst 11.48 1998

MEET RECORD: Egbert MVCC 11.21 2004

1 Akilah Bond	Hamilton College	10.86
2 Lauren Steates	Hamilton College	10.83
3 Dani Desgrosiellier	Mohawk Valley CC	9.88
4 Tara Lowell	St. Lawrence Unvers	9.77
5 Jenny Orbaker	Hamilton College	9.49
6 Stanzi McGlynn	St. Lawrence Unvers	9.41
7 Danielle Massee	Hamilton College	9.24
8 Maia Moyer	St. Lawrence Unvers	9.09

Event # 26 MENS Triple Jump

FACILITY RECORD: .Stroman Bates 14.19 1998

MEET RECORD: Anderson Geneseo 13.94 2003

1 Tidenco Ductan	Hamilton College	13.54
2 Rob Menard	St. Lawrence Unvers	12.63
3 Uriel Fox	Mohawk Valley CC	12.24
4 Shomari Felder	Oswego State	11.59

Event # 27 WOMENS High Jump

FACILITY RECORD: .Laramie Middlebury 1.67 1998

MEET RECORD: .Morningstar Ithaca 1.64 2004

1 Josie McDermott	Union College	1.55
2 Sarah Mills	St. Lawrence Unvers	1.55
3 Jenny Orbaker	Hamilton College	1.55
4 Shannon Myers	Oswego State	1.50
5 Heather Schreiner	St. Lawrence Unvers	1.50
6 Stanzi McGlynn	St. Lawrence Unvers	1.45
7 Leah VanVoorhis	Mohawk Valley CC	1.45
8 Leena Peters-Uitto	Plattsburgh State	1.45
9 Colleen Girardin	Plattsburgh State	1.45
10 Amanda Cardoze	St. Lawrence Unvers	1.35

Event # 28 MENS High Jump

FACILITY RECORD: .Montross Rochester 2.10 1991

MEET RECORD: Robison Ithaca 1.98 2001

1 Shomari Felder	Oswego State	1.90
2 Peter Kopp	Hamilton College	1.85
2 Andrew Krug	Plattsburgh State	1.85
4 Alex Anderson	Hamilton College	1.80
John Kibbe	Hamilton College	FOUL

Event # 29 WOMENS Pole Vault

FACILITY RECORD: .Elliott St. Lawrence 3.22 2005

MEET RECORD: Eagan Brockport 3.14 2005

1 Jessica Demichiel	Hamilton College	3.10
2 Amanda Salisburg	Hamilton College	2.90
3 Rebecca Yaguda	Hamilton College	2.60
4 Jen Libous	Union College	2.45
5 Cara Fisher	Hamilton College	2.45
6 Stacy Lowell	St. Lawrence Unvers	2.30
7 Rachel Eastman	Union College	2.30
7 Emily Bean	St. Lawrence Unvers	2.30

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Event # 30 MENS Pole Vault

FACILITY RECORD: .Brhel Brockport 4.57 2005

MEET RECORD: Brhel Brockport 4.57 2005

1 James Russell	Hamilton College	4.47
2 Kevin Probst	Plattsburgh State	4.27
3 Jon Daly	Plattsburgh State	3.95
4 Jon Hausrath	Plattsburgh State	3.95
5 Justin Phillips	Mohawk Valley CC	3.80
6 Steve Herron	Union College	3.65
7 Jimmy Welch	Oswego State	3.65
8 Alex Principe	Oswego State	3.65
9 Kumar Bhardwaj	Hamilton College	3.45
10 Stephen Moore	St. Lawrence Unvers	3.45
11 Sean Gorski	Union College	3.30
Karan Bhardwaj	Hamilton College	FOUL

Event # 31 WOMENS Shot Put

FACILITY RECORD: .Brooks Williams 12.57 1998

MEET RECORD: Barzee Geneseo 11.96 2003

1 Alyssa Pirinelli	St. Lawrence Unvers	12.97 *
2 Shannon Young	Plattsburgh State	11.79
3 Julie Laspina	Union College	11.27
4 Heidi Armstrong	Oswego State	11.18
5 Amanda Stewart	Plattsburgh State	10.86
6 Jessa Davis	St. Lawrence Unvers	10.02
7 Holly Irion	St. Lawrence Unvers	9.96
8 Jessica Demichiel	Hamilton College	9.90
9 Jenna Krzemien	St. Lawrence Unvers	9.61
10 Manda Lynch	Mohawk Valley CC	9.35
11 Emily McLaughlin	Plattsburgh State	9.19
12 Chelsea Halvorson	Hamilton College	8.20
13 Steph Adameczyk	Mohawk Valley CC	8.07

Event # 32 MENS Shot Put

FACILITY RECORD: .Sievert Union 15.93 2002

MEET RECORD: Sievert Union 15.93 2002

1 Joe Delaura	St. Lawrence Unvers	14.38
2 Jun Ho Ham	Union College	13.87
3 Bill Kearney	Hamilton College	13.34
4 John Letiza	Union College	12.63
5 Gabe McBride	St. Lawrence Unvers	12.48
6 Dave Gosch	Mohawk Valley CC	12.00
7 Chris Sickler	Mohawk Valley CC	11.72
8 Michael Lebo	St. Lawrence Unvers	11.00
9 Eric Bergeron	Mohawk Valley CC	9.74
10 Matt Reno	Union College	9.00
11 Ryan Ransom	St. Lawrence Unvers	8.17

Event # 33 WOMENS Hammer Throw

FACILITY RECORD: .Shope Unattached 48.92 2001

MEET RECORD: Shope Unaattached 48.92 2001

1 Kary Pardy	Hamilton College	43.06
2 Alyssa Pirinelli	St. Lawrence Unvers	42.16
3 Jessica Frank	St. Lawrence Unvers	39.50
4 Jessica Demichiel	Hamilton College	37.32
5 Amanda Stewart	Plattsburgh State	36.92
6 Jessa Davis	St. Lawrence Unvers	36.56

7 Holly Irion	St. Lawrence Unvers	35.00
8 Steph Adameczyk	Mohawk Valley CC	34.40
9 Erin Kain	Oswego State	24.14
10 Kim Foote	Mohawk Valley CC	18.82

Event # 34 MENS Hammer Throw

FACILITY RECORD: .Goodrich Bates 55.78 1989

MEET RECORD: Doty Brockport 53.73 2003

1 Joe Delaura	St. Lawrence Unvers	38.68
2 Bill Kearney	Hamilton College	36.38
3 Jovan Livada	Hamilton College	35.12
4 Dave Gosch	Mohawk Valley CC	32.02
5 Eric Bergeron	Mohawk Valley CC	30.92
6 Curtis Arena	Mohawk Valley CC	28.46
7 Rick Palmasano	Mohawk Valley CC	27.20
8 Gabe McBride	St. Lawrence Unvers	25.72
9 Ryan Ransom	St. Lawrence Unvers	24.80
10 Justin Mastrangelo	Mohawk Valley CC	22.74

Event # 35 WOMENS Javelin Throw

FACILITY RECORD: .MacWalter Colby 39.70 1989

MEET RECORD: .Stuczynski Roberts Weslevan 37.73 2003

1 Heidi Armstrong	Oswego State	35.54
2 Laura Belden	Hamilton College	35.34
3 Carleigh Fedorka	St. Lawrence Unvers	33.35
4 Chelsea Halvorson	Hamilton College	30.87
5 Manda Lynch	Mohawk Valley CC	30.28
6 Mica Warton	Hamilton College	29.46
7 Kate Greenough	Hamilton College	28.38
8 Jessica Frank	St. Lawrence Unvers	27.33
9 Jess Jenkins	Mohawk Valley CC	25.18
10 Meaghan White	St. Lawrence Unvers	19.22
11 Erin Kain	Oswego State	16.44

Event # 36 MENS Javelin Throw

FACILITY RECORD: .Motzkin R.R.I. 61.54 2005

MEET RECORD: Gaul Rochester 57.72 2001

1 Pat Cummings	Union College	52.24
2 Andy Hale	Oswego State	45.40
3 Dave Dillard	Mohawk Valley CC	45.28
4 Dave Harwood	Union College	45.05
5 Craig Digiovanni	St. Lawrence Unvers	44.84
6 Colin Aprill	Plattsburgh State	44.00
7 Ryan Messier	Hamilton College	43.67
8 Taylor Soobitsky	Hamilton College	43.64
9 Jimmy Welch	Oswego State	43.60
10 Jon Valovic	Oswego State	43.21
11 Peter Kopp	Hamilton College	41.39
12 Josh Delaney	Mohawk Valley CC	40.26
13 Michael Lebo	St. Lawrence Unvers	39.77
14 Bill Kearney	Hamilton College	38.69
15 Igor Korolev	Plattsburgh State	38.46
16 John Peters	Union College	37.45
17 David Waldman	Hamilton College	35.49
18 Nick Perzanoski	St. Lawrence Unvers	35.10
19 George Fontaine	Union College	31.86
20 Mike Hayward	Mohawk Valley CC	24.67

Hamilton College Invitational**Saturday, April 21, 2007**

04/21/2007 - 04/21/2007

Event # 37 WOMENS Discus Throw

FACILITY RECORD: Jones Bowdoin 42.12 1998

MEET RECORD: Bratt Roberts Wesleyan 37.56 2002

1 Alyssa Pirinelli	St. Lawrence Univer	33.16
2 Amanda Stewart	Plattsburgh State	31.10
3 Brianna Catts	Plattsburgh State	30.54
4 Mica Warton	Hamilton College	30.46
5 Kary Pardy	Hamilton College	30.38
6 Sally Powell	Hamilton College	30.36
7 Jenna Krzemien	St. Lawrence Univer	28.84
8 Jessa Davis	St. Lawrence Univer	28.42
9 Emily McLaughlin	Plattsburgh State	28.40
10 Erin Kain	Oswego State	25.34
11 Holly Irion	St. Lawrence Univer	24.16
12 Steph Adamczyk	Mohawk Valley CC	23.62

Event # 38 MENS Discus Throw

FACILITY RECORD: Pestilli RPI 49.18 1998

MEET RECORD: Sievert Union 45.31 2003

1 Jun Ho Ham	Union College	43.34
2 Bill Kearney	Hamilton College	36.32
3 Jovan Livada	Hamilton College	35.80
4 John Peters	Union College	34.82
5 Gabe McBride	St. Lawrence Univer	34.54
6 Jon Daly	Plattsburgh State	31.86
7 Justin Mastrangelo	Mohawk Valley CC	31.50
8 Jonathan Traylor	Hamilton College	30.72
9 Alex Carboni	Plattsburgh State	30.26
10 Joe Delaura	St. Lawrence Univer	30.22
11 Ethan Wingall	Plattsburgh State	28.08
12 Michael Lebo	St. Lawrence Univer	26.88
13 Nick Perzanoski	St. Lawrence Univer	26.26
14 Taylor Soobitsky	Hamilton College	24.04
15 Rick Palmasano	Mohawk Valley CC	22.38
16 Justin Phillips	Mohawk Valley CC	20.12
John Letiza	Union College	FOUL

Event # 39 WOMENS 10000 Run

FACILITY RECORD: Vollweiler Colby :36:04.78 1989

1 Katie Thompson	St. Lawrence Univer	38:03.86
2 Anna Kallman	St. Lawrence Univer	42:58.13
3 Erin Plasse	Union College	43:53.07
4 Megan Groves	St. Lawrence Univer	44:19.88

Event # 40 MENS 10000 Run

MEET RECORD: Mead St. Lawrence :33:49.50 (MT) 2006

FACILITY RECORD: French St. Lawrence :32:06.99 2005

1 John Gaudette	St. Lawrence Univer	32:24.90	*
2 Evan Embrey	St. Lawrence Univer	33:47.75	*
3 Jacob Malcomb	St. Lawrence Univer	34:28.43	
4 Alex Fisher	St. Lawrence Univer	35:17.27	
5 Scott Gressel	Mohawk Valley CC	37:02.81	
6 Art Sherry	Oswego State	37:44.80	